



BREAKFAST

Here at The Three Swans we believe that breakfast is definitely the most important meal of the day, so please make the most of our delicious breakfast and start your day the best possible way.

Served 6.30am – 9.30am Monday to Friday, 7.30am – 10.00am Saturday and Sunday

CONTINENTAL £7.50, FULL ENGLISH £12.50

ALLERGIES AND INTOLERANCES: *If you or any member of your party are affected by any food allergies or intolerances, please advise a member of our team. We cannot guarantee that any items are completely allergen free due to them being produced in a kitchen that contains ingredients with allergens. All allergens correct at time of printing.*

C: Crustaceans / **CE:** Celery / **D:** Dairy / **E:** Eggs / **F:** Fish / **P:** Peanuts / **G:** Gluten / **L:** Lupin
N: Nuts / **MO:** Molluscs / **MU:** Mustard / **S:** Soya / **SD:** Sulphur dioxide / **SE:** Sesame seeds

*Pot of tea or cafetière of coffee served to your table.
Please help yourself to our buffet selection.*

CONTINENTAL BUFFET

ASSORTED JUICES,

Orange, apple, grapefruit, cranberry SD

FRESH FRUIT SALAD

DANISH PASTRIES

 D, G, E

NATURAL YOGHURT

Add berry compote, muesli, seeds, fresh fruit or honey N, D, SE

SELECTION OF CEREALS & MUESLI

 G, N, SE

GRANARY OR WHITE TOAST

Butter, Tiptree preserves G, D

CHEESE SELECTION

 D

CONTINENTAL MEATS

HOT BUFFET

FULL ENGLISH BREAKFAST

Smoked bacon, grilled sausage, button mushroom, baked beans, fried eggs, scrambled egg, hash brown, grilled tomato, black pudding, fried bread G, E, D

COOKED TO ORDER

PORRIDGE

Berry compote, seeds, fruit or honey G, D, N

SCOTTISH SMOKED HADDOCK

Brace of poached hen's eggs F, E

CHEF'S MESSAGE

Our kitchen team love what they do and our food is cooked fresh so let us know if you are in a hurry. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best. Some of our dishes can be made with no added gluten, please ask a member of our team who will be able to advise you.

   Share a snap of your experience using **#FoodDrinkRooms** for your chance to win monthly prizes